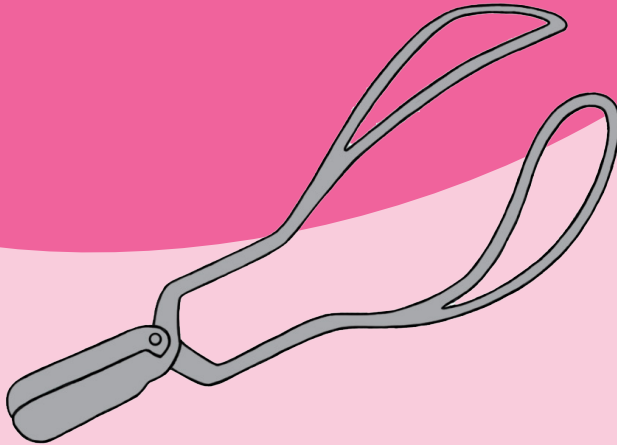


# What is a Forceps birth?

Information for patients





## easy read



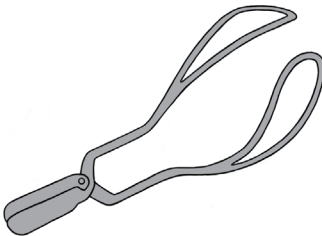
This booklet uses easy words and pictures.

You might want to ask someone to help you read it.



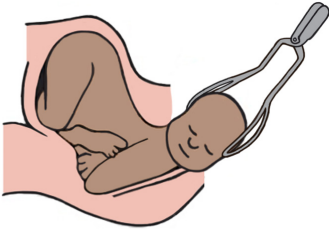
If your baby is struggling to be born vaginally your doctor will help. The midwife will not perform ventouse.

## forceps



Forceps are a medical instrument that can help your baby be born.

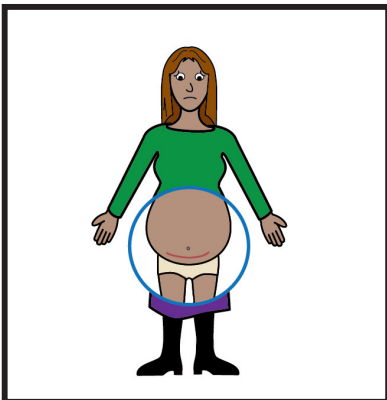
## forceps birth



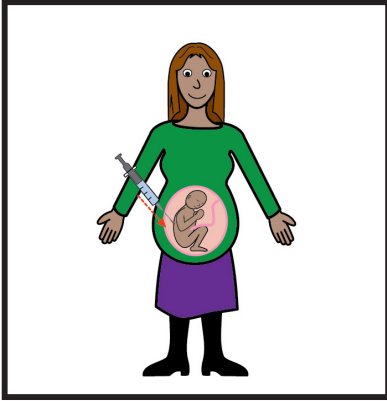
They are like big spoons that support your baby's head and help pull your baby out.



When you have a contraction you push and the doctor will gently pull.



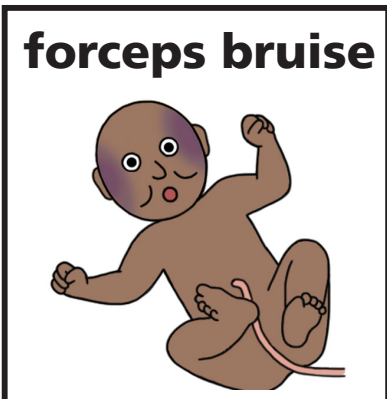
The doctor may need to perform a cut (episiotomy to help your baby be born).



They will receive an injection to numb before this is done.

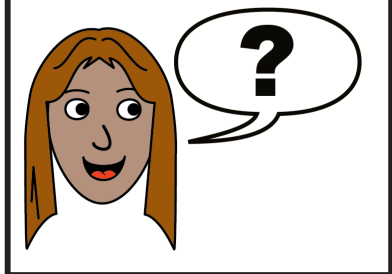


If the forceps are not helping, you will need a Caesarean section.



Using forceps may leave marks on the cheeks.

**ask  
questions**





If you are worried or  
have any questions  
speak to your doctor or  
midwife.



For more information please go to

[www.neclidnetwork.co.uk/  
work-programmes/health-inequalities/maternity/](http://www.neclidnetwork.co.uk/work-programmes/health-inequalities/maternity/)

 @neclidnetwork

 england.learningdisabilitynetwork@nhs.net

**Easy Read**



This leaflet has been co-developed by Leeds Teaching Hospitals NHS Trusts which has kindly been shared so it can adopted by the North East & North Cumbria.