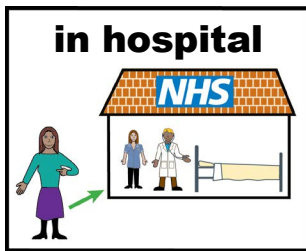


Easy read Post-Natal Plan





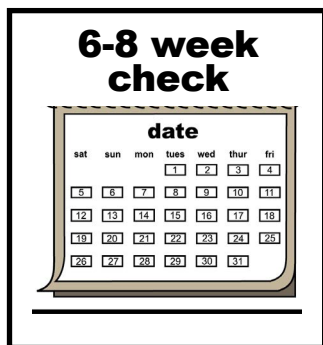
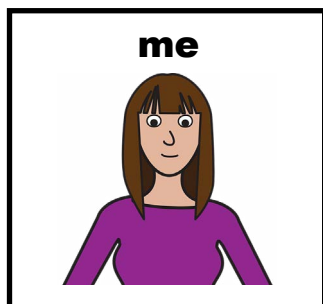
In Hospital



At Home (community)



GP post-natal 6 to 8 week check up



My GP post-natal 6 to 8 week check is booked

Yes

No

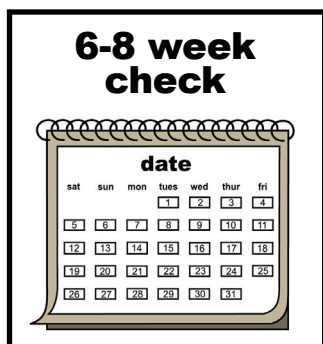
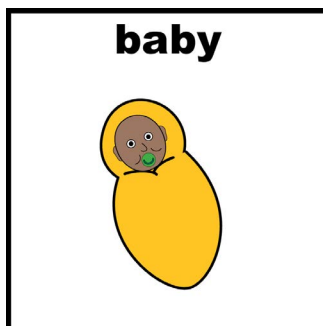
My GP post-natal 6 to 8 week check is going to be on

Date

Time

Venue

What I need to bring with me:



My Baby's 6 to 8 week check is booked:

Yes

No

My Baby's 6 to 8 week check is going to be on:

Date

Time

Venue

What I need to bring with me:

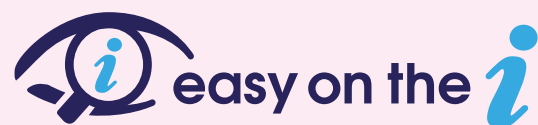
For more information please go to

**[www.necldnetwork.co.uk/
work-programmes/health-inequalities/maternity/](http://www.necldnetwork.co.uk/work-programmes/health-inequalities/maternity/)**

 @necldnetwork

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Easy Read



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Produced by: Medical Illustration Services

The North East & Cumbria Learning Disability Network has co-produced the Learning Disability Maternity Health Passport and One Page Profile. The easy read birth plan has been co-produced by Leeds Teaching Hospitals NHS Trust which has kindly been shared so it can be adapted and adopted by the North East & North Cumbria.