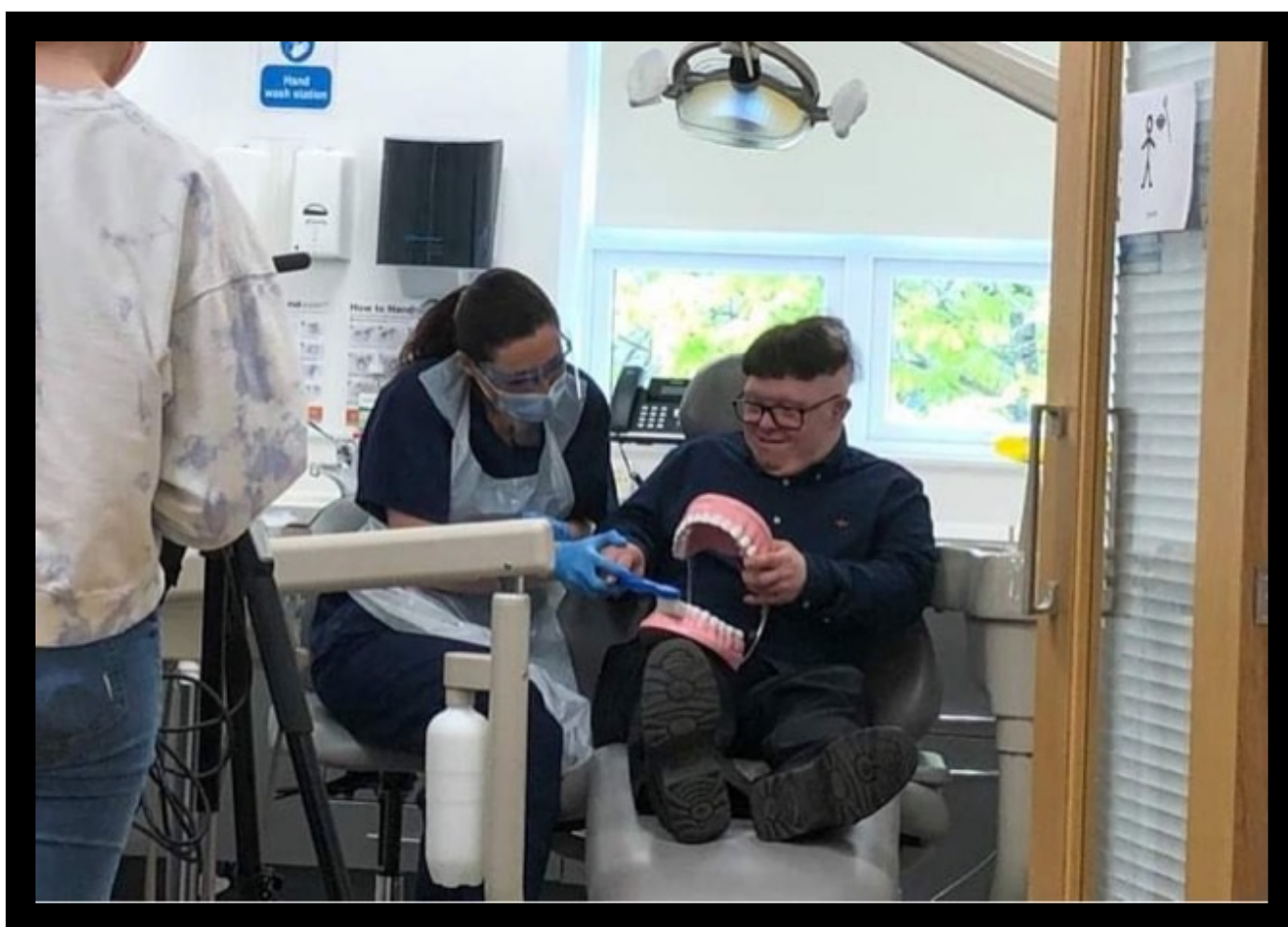


Your

dental

appointment

- a positive choice



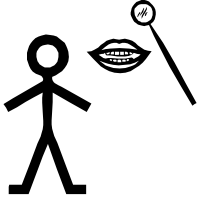
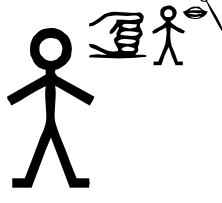
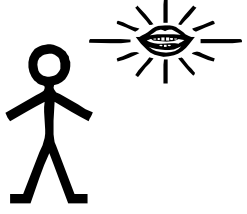
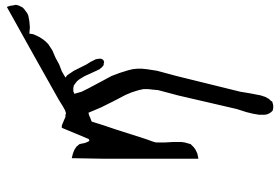
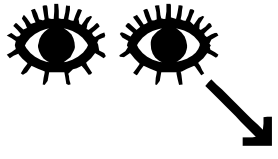
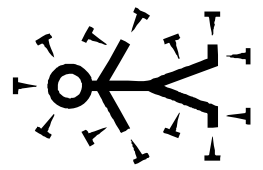




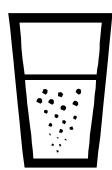

This pack contains prompt cards to use at a dental appointment or to talk about what happens at a dental appointment. It also contains a caring for teeth at home resource with Makaton signs & symbols.



Dentist Makaton Prompt Cards

Best Printed as 2-sided, Actual Size. Laminate and cut up to attach to a key ring for quick reference prompt.
Resource created by Amanda Glennon



 <p>Dentist</p>	 <p>Dental Nurse</p>	 <p>Dental Hygienist</p>
 <p>Dentist's Chair</p>	 <p>Look</p>	 <p>Pain</p>
 <p>Teeth</p>	 <p>Toothache</p>	 <p>Calm</p>
 <p>Sit</p>	 <p>Drink</p>	 <p>Good</p>

This resource pack is designed to use at home and also at dental appointments

A video to help support people with learning disabilities at their dental appointments is

available here : <https://youtu.be/bqbm6ZfT7jE>





Dentist Makaton Prompt Cards

Best Printed as 2-sided, Actual Size. Laminate and cut up to attach to a key ring for quick reference prompt.

Resource created by Amanda Glennon



<p>Index finger taps teeth twice + Hand moves down slightly</p> <p>Dental Hygienist</p>	<p>Index finger taps teeth twice + Thumb traces cross on outside of arm</p> <p>Dental Nurse</p>	<p>Index taps teeth twice + Hand moves down slightly</p> <p>Dentist</p>
<p>Position hand at appropriate part of body and shake hand</p> <p>Pain</p>	<p>Look</p>	<p>Dentist's Chair</p>
<p>Calm</p>	<p>Point to tooth then shake hand at side of mouth</p> <p>Toothache</p>	<p>Teeth</p>
<p>Good</p>	<p>Small movement</p> <p>Drink</p>	<p>Sit</p>

This resource pack is designed to use at home and also at dental appointments

A video to help support people with learning disabilities at their dental appointments is

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Health Education England

Caring for your teeth - a positive choice


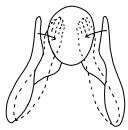

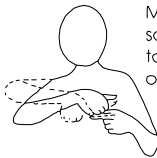




This home resource is intended to support teeth brushing twice a day.



Use the morning & evening, or 1 & 2 symbols opposite as appropriate - cut out and stick into the schedule resource on next page. Page can then be laminated and activities ticked in pen as completed.

 <hr/> Morning	 <hr/> Evening
<h1>1</h1> 1	<h1>2</h1> 2

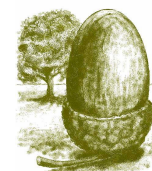
SIGN BANK: Please find the line drawings below to support your teeth brushing.

 Touch chest with fingertips Morning	 Evening	 Toothbrush	 Mime squeezing toothpaste onto brush Toothpaste
 Brush Teeth	 Index finger flicks sharply off tongue Spit	 Finish	 Well done

This resource was designed alongside a video to help support people with learning disabilities at their dental appointments.. The video is available on YouTube :

Health Education England - HEE > Your Dental Appointment - A Positive Choice

We would like to thank the following contributors:



Caring for your teeth - a positive choice



Place morning or 1
symbol here

Place evening or 2
symbol here



Toothbrush



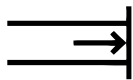
Toothpaste



Brush Teeth



Spit



Finish