

Special Care Dentistry



Removing a Tooth





The dentist will explain what will happen. They will give you one or more injections in your mouth. This may hurt a little, but your mouth will soon feel numb.



The dentist will take out the tooth. There will be a pushing and pulling feeling.



There may be some noise as the tooth comes out. It is a cracking, popping noise.



The dentist will ask you to bite on a pack of cotton wool. This will stop your gum bleeding.

Your face will feel strange and numb for about 2 hours.

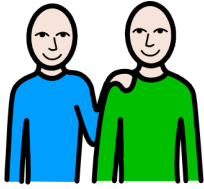


While you recover:

- Rest when you get home.
- Try not to bite your lip or drink hot drinks while you are still numb.
- Don't rinse your mouth for 1 day.
- Try not to smoke for 1 week.
- Your mouth will be sore. Have some painkillers like paracetamol or ibuprofen ready.



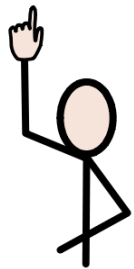
Things you can do if you are worried about your appointment:



Support. Bring someone you trust.



Music. Bring your favourite music on an iPod or MP3 player.



Ask. Ask us questions about your treatment.

Stop! If you want the treatment to stop at any time, raise your hand.



Visit. You can arrange a visit to the department to look around before you come for your appointment.

Things we will do to help you to feel relaxed:



We will explain everything to you.

We will give you plenty of time.

We make sure that you are in control of your treatment.

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