

These questions refer to the person with a learning disability. They may be answered by someone who knows them well if the person is not able to respond themselves.

1. Do you regularly cough during or after eating or drinking?
2. Do you have difficulties with swallowing food or drink? (Prompts: pain, struggle, effort, refusal, distress, agitation, food getting stuck)
3. Have you had a choking incident in the last 12 months? (Prompts: something got stuck in your throat and you had to cough very hard to get it out, or you needed help, eg back slaps)
4. Do you get regular chest infections? (Prompt: more than 2 chest infections in the last 6 months)
5. Do you get a lot of UTIs?
6. Have you lost weight without meaning to, or do you have a low weight? (Prompt: low BMI)
7. Do difficulties with eating and drinking impact on your quality of life?

In addition it is very useful for differential diagnosis to know if the person has a degenerative condition and if reflux a factor for this person.

#### Change in order

1. Do you have difficulties with swallowing food or drink? (Prompts: pain, struggle, effort, refusal, distress, agitation, food getting stuck)
2. Have you had a choking incident in the last 12 months? (Prompts: something got stuck in your throat and you had to cough very hard to get it out, or you needed help, eg back slaps)
3. Do you regularly cough during or after eating or drinking?
4. Do you get regular chest infections? (Prompt: more than 2 chest infections in the last 6 months)
5. Do difficulties with eating and drinking impact on your quality of life?
6. Have you lost weight without meaning to, or do you have a low weight? (Prompt: low BMI)
7. Do you find it a problem getting enough to drink (Prompt: reduced mobility, dexterity etc and needing help with ADL or history recurrent UTIs)